

Intranasal Flu Vaccine

| September 2018 |

Vaccination,
the best protection

By having your child vaccinated, you are protecting him or her against the flu and its complications. This vaccine does not protect against colds and respiratory infections caused by other viruses.



Disease	Signs and symptoms	Possible complications
Flu	<ul style="list-style-type: none">• Fever• Coughing• Fatigue• Headache• Muscle soreness• Nausea, vomiting, diarrhea• General feeling of illness	<ul style="list-style-type: none">• Ear infection• Sinusitis• Bronchitis• Pneumonia• Death

IMPORTANT

It's up to you to make an appointment with the CLSC or with your doctor to have your child vaccinated.

Next appointment
for vaccination:

Information on the Intranasal Flu Vaccine

Vaccination is the best protection against the flu and its complications. The risks of complications are higher for children age 6 months and older with chronic illnesses and infants under 6 months of age. This vaccine can be given from the age of 2. Flu vaccination is also recommended for people who may pass the disease to them, that is members of their household and their caregivers.

This vaccine must be given every year, in the fall. For a child less than 9 years old, 2 doses of vaccine at 1 month interval are required when it's the 1st vaccination against flu.

As the virus contained in the vaccine may be found in nose secretions, avoid close contacts with very severely immunosuppressed people requiring protective isolation, for 2 weeks following vaccination.

Some symptoms may be caused by the vaccine. Other problems may occur by chance and are not related to the vaccine (e.g. cold, gastro, headache).

Intranasal flu vaccine is safe. In most cases, it does not cause any reaction.

Frequency	Known reactions to this vaccine	What to do
Often (less than 10% of people)	<ul style="list-style-type: none">Nasal discharge (runny nose) or nasal congestionHeadache, fatigue or discomfort	<ul style="list-style-type: none">Use medication for fever or discomfort if needed.Do not give medication containing aspirin (acetylsalicylic acid) to people under age 18 for 4 weeks following their vaccination.See a doctor if symptoms are severe.
Rarely (less than 1 person in 1,000)	<ul style="list-style-type: none">Allergic reaction	

We recommend that you stay at the clinic for at least 15 minutes after vaccination because allergic reactions may occur. If an allergic reaction occurs, the symptoms will appear a few minutes after the vaccination. The person giving the vaccine will be able to treat this reaction immediately.

FOR ANY QUESTIONS,
contact the person giving the vaccine,
or Info-Santé 811 or your doctor.