

# Communiqué de presse

Pour publication immédiate

COVID-19 Vaccination

## Booster doses for seniors aged 80 and over now available

**Saint-Jérôme, November 15, 2021** - As of November 16, seniors aged 80 and over who live at home can book an appointment to get a COVID-19 booster shot at the various vaccinations sites in the region.

An interval of at least six months must have elapsed since the last vaccine dose.

“Even if many people in this age group have already received two vaccine doses, experts recommend a booster shot to increase vaccine effectiveness and avoid developing complications if they contract COVID-19”, said Ms. Rosemonde Landry, President and Executive Director of the Centre intégré de santé et de services sociaux (CISSS) des Laurentides.

To book an appointment online visit [Québec.ca/vaccinCOVID](https://quebec.ca/vaccinCOVID) or use the NotifVAX mobile app. Persons lacking internet access or who have difficulty using it can call 1-877-644-4545 to obtain support. If necessary, family and friends are encouraged to help seniors make an appointment online. A free shuttle service is also available in the region for persons with reduced mobility who need to be accompanied or who lack transportation. To access this service, call 1-866-495-5833.

If you have any questions about COVID-19 vaccination, you can make an appointment to speak to a CISSS des Laurentides healthcare professional by emailing [covid-19.vaccination.questions.cissslau@ssss.gouv.qc.ca](mailto:covid-19.vaccination.questions.cissslau@ssss.gouv.qc.ca) or by calling 1-866-495-5833.

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