

Flu vaccination campaign launches

Saint-Jérôme, October 21, 2020 – Dr Éric Goyer, director of Public Health, invites you to get your flu shot to protect yourself and your loved ones. The vaccination campaign starts November 1, 2020 in the Laurentian region.

In light of the recommendations made by the experts at the Institut national de santé publique du Québec (INSPQ), vaccination is recommended and provided free of charge to people who are at greater risk of developing complications:

- Infants and children with a chronic disease
- Adults with a chronic disease (including pregnant women)
- Pregnant women in their second and third term
- Seniors aged 75 years old or older

To minimize the risk of contamination, vaccination will also be free for:

- People living under the same roof as, or an informal caregiver to, a child under 6 months old or someone in a high-risk category (those mentioned above)
- Health care professionals

Target groups can be vaccinated:

- In a pharmacy, for more information, contact your local pharmacy
- During some appointments in CISSS des Laurentides facilities
- By appointment

This year, making an appointment will be mandatory. You can do so by visiting clicsante.ca website or by calling 1-888-664-2555. It will not be possible to make an appointment on site.

To ensure the safety of all our clients and health care professionals, prevention measures and physical distancing will be enforced in vaccination facilities:

- Disinfection after each patient
- Mandatory face-coverings for patients and personal protective equipment recommended for professionals
- Monitoring of preventative measures and control of circulation by security personnel
- Mandatory hand washing upon entering and leaving
- No waiting in line at the door, individuals must arrive precisely on time for their appointment or wait in their vehicle
- More frequent cleaning of vaccination facilities
- Individuals must come to their appointment alone, as much as possible
- Individuals must not come to their appointment if they are experiencing COVID-19-like symptoms or if they are self-isolating as a precautionary measure

For more information on the flu vaccination campaign, visit our vaccination webpage at <http://www.santelaurentides.gouv.qc.ca/english/vaccination/>

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Source : Service des relations médias, relations publiques et à la communauté
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