

### Progressive regional alert and intervention system (COVID-19) **The Laurentians at Orange and Red Levels**

**Saint-Jérôme, September 29, 2020** – As of Thursday, October 1, and for the next 28 days, the Rivière-du-Nord, Thérèse-De Blainville and Deux-Montagnes MRCs and the Town of Mirabel will be considered Red Zones for the purpose of fighting and monitoring COVID-19. Meanwhile, the status of the Argenteuil, Pays-d'en-Haut, Laurentides and Antoine-Labelle MRCs will change to Alert Level Orange. The CISSS des Laurentides wants the public to understand what that means and the measures that will be put in place to slow the spread of the virus.

As they are part of the Montreal Metropolitan Community (MMC), the Thérèse-De Blainville and Deux-Montagnes MRCs and the Town of Mirabel are now Red Zones, following to the Public Health Department's finding that the virus is spreading at an accelerated rate in those sectors. The same goes for the Rivière-du-Nord MRC, where COVID-19 is spreading at a similar rate. As for the other MRCs of the Laurentian region (those of Argenteuil, Pays-d'en-Haut, Laurentides and Antoine-Labelle), their Alert Level is upgraded to Orange, as the virus is circulating more and more actively in those sectors.

#### **Red Alert**

(Rivière-du-Nord, Thérèse-De Blainville, Deux-Montagnes MRCs, and the Town of Mirabel)

Level 4 – Maximum Alert (Red) institutes additional restrictive and targeted measures, that could extend to prohibiting non-essential activities where the risk cannot be sufficiently contained, while avoiding as much as possible a general lock-down like the one imposed during the first wave of the pandemic.

For information on the measures in force in Red Zones, please visit <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/progressive-regional-alert-and-intervention-system/level-4-maximum-alert-red/>

#### **Orange Alert**

(Argenteuil, Pays-d'en-Haut, Laurentides and Antoine-Labelle MRCs)

Level 3 – Alert (Orange) introduces additional measures targeting specific activities and settings where the risk of transmission is considered high. Those sectors are subject to restrictions or prohibitions on a case by case basis.

For information on measures in force in Orange Zones, please visit <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/progressive-regional-alert-and-intervention-system/level-3-alert-orange/>

"We all have to shoulder responsibility and only by working together do we have the power to change things and to succeed in finally limiting the spread of the virus. Whether you live in a Red or Orange Zone, I am appealing to you personally to double your efforts and to follow these recommendations. We must protect ourselves and all those around us," said Dr. Éric Goyer, Regional Director of Public Health for the Laurentians.

Alert levels are established according to the recommendations of the public health authorities who analyze the situation on a regular basis. For more information, please see the Québec Ministry of Health and Social Services' detailed document [Progressive regional alert and intervention system \(COVID-19\)](#).

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