

Communiqué de presse

Pour publication immédiate

Overcrowding at the six hospitals in the Laurentians **Alternatives to consider before going to the ER**

Saint-Jérôme, September 10, 2021 – The Centre intégré de santé et de services sociaux (CISSS) des Laurentides is asking members of the public with non-urgent health issues to avoid the emergency departments of the region's hospitals in Saint-Eustache, Lachute, Saint-Jérôme, Sainte-Agathe-des-Monts, Rivière-Rouge and Mont-Laurier, which are currently experiencing a high influx of patients.

People with non-urgent health issues are asked to consider alternatives to the ER at all times:

- Call 811 for Info-Santé to speak with a nurse;
- Talk to your family doctor;
- Talk to a doctor at a walk-in clinic;
- Talk to your pharmacist;
- Go to the ER as a last resort.

For the list of walk-in medical clinics according to location visit the resource directory at sante.gouv.qc.ca/en/repertoire-ressources/.

The [Québec Medical Appointment Scheduler](#) also makes it possible to book an appointment online for a given time of day. To learn more about frontline services, visit [Primary care health and social services](#).

If you experience COVID-19-like symptoms, do not hesitate to get tested at a designated clinic near you. For more information, visit the COVID-19 section at santelaurentides.gouv.qc.ca/.

Anyone necessitating urgent care should not hesitate to go to the ER to receive the primary care they need.

The CISSS des Laurentides is making every effort to improve the situation. We thank our teams for their work with patients and the public for their cooperation.