

Communiqué de presse

Pour publication immédiate

COVID-19

The Laurentian region downgraded to orange alert level as of today

Saint-Jérôme, May 31, 2021 – Due to the improved epidemiological situation, the Laurentian region in its entirety is henceforth designated an orange alert zone.

Restrictions eased

The CISSS des Laurentides is pleased to announce the designation of the entire region as an orange alert zone. Among [the measures in force in orange alert zones](#) are the following:

- reopening of restaurants (for a maximum per table of two people, accompanied by their minor-aged children or other people living in the same private residence, as the case may be);
- return to full-time classroom learning for Secondary 3, 4 and 5 students;
- reopening of gyms (wearing a mask or face-covering at all times is compulsory);
- no more than 100 people permitted inside places of worship (except for marriages and funerals, which are subject to a 25-person limit).

An encouraging picture

The decrease in active cases combined with the public's outstanding participation in the vaccination campaign is what has enabled this downgrade from red to orange alert level.

Dr. Éric Goyer, director of Public Health for the Laurentians, views the evolution of the situation in our region as positive, but he stresses the importance of remaining cautious: "We know that this change will have the effect of a breath of fresh air for the people of the Laurentians who have shown a great capacity for adaptation up until now. To continue to protect ourselves and to recover more of our individual freedoms, we must comply with the new measures, even if it may be tempting to lower our guard. This easing of restrictions must be done in compliance with health regulations, otherwise our efforts to vanquish this pandemic will inevitably incur a setback. It is our collective responsibility to ensure that it doesn't."

Related links

- To learn more about the reopening plan and the progressive easing of restrictions to come, visit <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/reopening-plan>
- To learn more about the coronavirus and all of the measures in force, visit <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus>

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