

Monitoring COVID-19

The Laurentian region remains a green zone

Saint-Jérôme, September 15, 2020 – Despite today’s announcement that the Laurentian health region is still considered a green zone by the progressive regional alert and intervention system, the Centre intégré de santé et de services sociaux (CISSS) des Laurentides would like to remind everyone of the measures to adopt and to maintain to slow the spread of the virus.

To recap, zone 1 – Vigilance (green) calls for the constant attention required in the context of the COVID-19 pandemic. It acknowledges the presence of the virus in the community and demands compliance with the basic measures in force in all facilities (physical distancing, respiratory etiquette, hand washing, etc.) Specific measures may also apply to certain activities or settings, when required.

Alert zones are established according to the recommendations of the public health authorities who analyze the situation on a regular basis. The Laurentian region remains a designated zone 1 (green), given that the epidemiological situation and control of community transmission are stable for the time being. Additionally, the regional healthcare system still has the capacity to absorb COVID-19 cases while continuing to provide regular services.

“Despite our continued designation as a green zone, we are still experiencing outbreaks in the community and in residential facilities in the region. It continues to be vitally important for everyone to follow the current guidelines. Basic health measures such as physical distancing, hand hygiene and wearing a face covering must be respected at all times. Only with everyone working together will we succeed in limiting the spread of the COVID-19 virus in the region and will we continue to be designated a zone of lowest alert,” said Dr. Éric Goyer, director of public health for the Laurentians.

For more information, please see the Québec Ministry of Health and Social Services’ detailed document [Progressive regional alert and intervention system](#).

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