

# Conduct Recommended for **Pathfinders**

**Dos** and **Don'ts** in your role as a Pathfinder



## DO

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**Link up with your relay team**

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**Recognize, name and respect your limits**

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**Be a good listener and show empathy**

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**Be calm and patient**

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**Be honest and respectful**

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**Respect the person's privacy and their right to refuse help**

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**Maintain a safe distance from the person**  
according to health measures in force

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**Give concrete information, if possible**



## DON'T

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**Exaggerate your skills or go beyond your role as a Pathfinder**

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**Judge the person**

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**Insist on the person telling you their story**

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**Take one person's story on your shoulders and work on your own**

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**Make false promises or give false information**

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**Touch the person**

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**Invite the person to your home**

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**Give your telephone number**

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**Accept money or gifts**

Don't hesitate to reach out to your relay team if you have a question or need anything