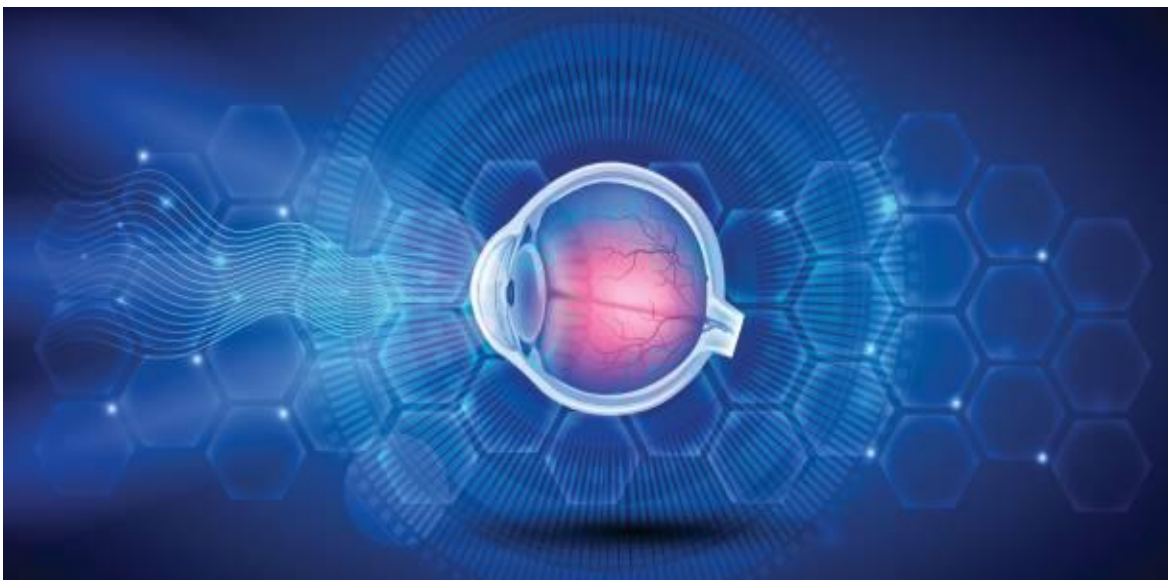


LASER IRIDOTOMY



SOURCE : ISTOCK

PATIENT INFORMATION

INFORMATION ABOUT LASER IRIDOTOMY

You will be receiving laser treatment. This procedure is generally administered to prevent the onset of angle-closure glaucoma, or to help treat chronic angle-closure glaucoma or acute glaucoma attacks.

What is involved in this procedure?

- The procedure consists of making a microscopic opening in the iris.
- Most of the time, a single treatment is required.

What are the possible consequences of this procedure?

- The preparatory drops may cause a headache and blurry vision.
- Transient rise in ocular pressure.
- Inflammation.
- Headaches and glare may occur.
- Feeling of a foreign body in the eye.
- Small hemorrhage in the iris (during the procedure) or conjunctiva.
- Redness in the eye.
- Temporary blurry vision.

How long does the procedure take?

- The procedure usually lasts a few seconds.

How do I prepare for it?

- Plan to have someone accompany you. You cannot drive because of the drops and the procedure.
- Take your medications and eat meals as usual.

How do I manage pain and other symptoms AFTER the procedure?

- You may have a headache a few hours after the procedure. If needed, take acetaminophen (Tylenol™) tablets to help relieve the pain.
- Inflammation or irritation of your eye is possible. You will be prescribed drops to start taking that day.

■ Should I take any precautions after the examination and are there symptoms I should watch for?

Bath

- You can take a bath or shower without restriction but avoid getting any water in your eye for the first 24 hours.

Walking and exercise/sports

- In most cases you can resume your regular activities the day after the procedure.

Driving

- You cannot drive on the day of the procedure but, in most cases, can resume driving the following day.

Other

- Your vision may be blurry temporarily.

■ When will I have my next appointment?

- Your next appointment with your doctor will take place on: _____

■ When should I seek a consultation?

- Sudden appearance of floating black spots or flashes in your eye in the days following the procedure.
- Persistent pain for more than 24 hours following the procedure.
- Signs of infection (swelling, redness, hotness, runniness at the treatment site).

■ Who should I consult?

- Sainte-Agathe ophthalmology clinic: 819-324-4000, ext. 34590
- Saint-Jérôme and Boisbriand ophthalmology clinic: 450-431-8310

OR

- The Info-Santé nurse at 811 (available 24/7)

OR

- The emergency room at your hospital; tell the ER doctor about the treatment you recently underwent.

Have a good stay with us and a good recovery!

www.santelaurentides.gouv.qc.ca

Hôpital de Mont-Laurier: 1-819-623-1234

2561 Chemin de la Lièvre sud, Mont-Laurier, QC J9L 3G3

Hôpital de Saint-Eustache: 450-473-6811

520 Boulevard Arthur-Sauvé, Saint-Eustache, QC J7R 5B1

**Centre multiservices de santé et de services sociaux
de Sainte-Agathe: 819-324-4000**

234 Rue Saint-Vincent, Sainte-Agathe-des-Monts, QC J8C 2B8

Hôpital de Saint-Jérôme: 1-866-963-2777

290 Rue De Montigny, Saint-Jérôme, QC J7Z 5T3

Hôpital d'Argenteuil: 450-562-3761

Centre multiservices de santé et de services sociaux d'Argenteuil

145 Avenue de la Providence, Lachute, QC J8H 4C7

Centre de services ambulatoires de Boisbriand: 450-420-8549

4800 Ambroise-Lafortune, Boisbriand, QC J7H 1S6

Reference:

Direction des soins infirmiers, CHU de Québec, Université Laval (2011), « Iridotomie au laser », consulted on December 28, 2020, https://www.chudequebec.ca/getmedia/480c5d13-b52a-40fe-a7b5-8049f1f0e3dc/823_13_016_Iridotomie_au_laser.aspx

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