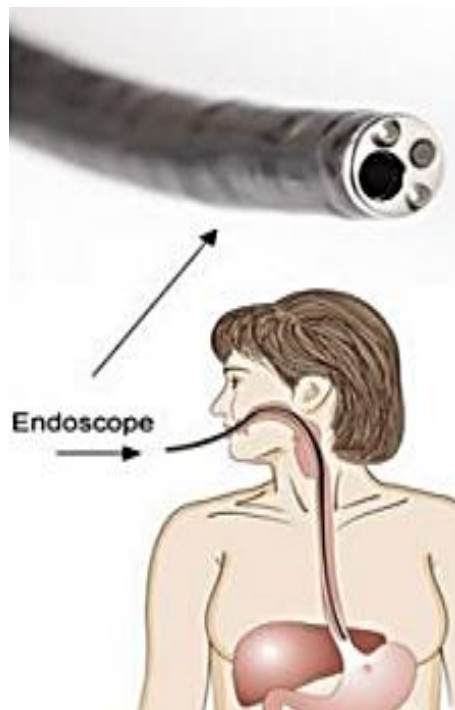


INFORMATION ABOUT ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY (ERCP)



Source: CHU de Québec-université Laval,
www.chudequebec.ca, 2019-03-26

PATIENT INFORMATION BOOKLET

INFORMATION ABOUT ERCP

You will be having endoscopic retrograde cholangiopancreatography (ERCP) because your digestive tract and your bile and pancreatic ducts (small tubes) need to be observed or treated. This information booklet has answers to your questions so that you can be well informed.

What does the examination consist of?

The doctor will conduct the examination with the help of a flexible tube (endoscope) that will be introduced through your mouth and will continue into your small intestine. This tube is equipped with a camera that allows your bile and pancreatic ducts to be observed. These ducts discharge their fluids into the small intestine and are part of the digestive system.

What complications are possible?

Although rare, the following complications are possible:

- Inflammation of the pancreas (pancreatitis)
- Bleeding
- Perforation of part of the digestive system
- Infection
- Pulmonary aspiration
- Cardiac arrhythmia (Source: CHU de Québec, Université Laval)
- Allergic reaction to the anesthetic, colourant or medication administered during the procedure (Source: Canadian Cancer Society)

How long does the examination last?

- The examination takes between 30 and 60 minutes.
- Following the examination, expect to spend an hour under observation.

What should I do to prepare?

- You must not eat after midnight the night before the examination.
- You can take your medications with a small amount of water.
- Based on your doctor's recommendations, some medications may be stopped before the examination (blood thinners, diabetes medication or insulin).
- Do not wear any jewellery or piercings and remove nail polish.
- Ensure that you have someone to accompany you for your return home.
- Make sure that you have:
 - An up-to-date list of your medications
 - Your health insurance card
 - Your hospital card
 - If you have a heart stimulator (pacemaker), bring the identification card.

■ How do I relieve pain and other symptoms AFTER the procedure?

- For a mild and temporary sore throat, you can relieve it with a saltwater gargle.
- For gas and bloating, move around to let the gas escape.

■ Are there precautions to take AFTER the procedure or symptoms to watch for?

Eating

- You can usually start drinking again 2 hours after the examination.
- To avoid choking, make sure that your throat is no longer at all frozen before drinking or eating.

Painkillers and sedation

- You will receive medication to calm you and make you drowsy.
- Follow the recommendations in the “*Returning home after a sedation with or without analgesic*” information booklet.

Driving

- You cannot drive during the first 24 hours after your examination.

■ When should I seek a consultation?

Go to Emergency if you have any of these symptoms in the hours following your examination:

- Serious abdominal pain
- Red blood in your stool
- Black stool
- Fever or shivers
- Vomiting red or black blood

■ Who should I consult?

- During regular hours, you can reach the endoscopy service at 450-432-2777, ext. 22166.
- Call the Info-Santé nurse at 811 (available 24/7)

OR

- Go to the Emergency Department of your hospital and tell the doctor about the examination you recently underwent.

Have a good stay with us and a speedy recovery!

www.santelaurentides.gouv.qc.ca

Hôpital de Mont-Laurier: 819 623-1234

2561 Chemin de la Lièvre Sud, Mont-Laurier (QC) J9L 3G3

Hôpital de Saint-Eustache: 1 888 234-3837

520 Boulevard Arthur-Sauvé, Saint-Eustache (QC) J7R 5B1

Centre multiservices de santé et de services sociaux de Sainte-Agathe:

1 855 766-6387

234 Rue Saint-Vincent, Sainte-Agathe-des-Monts (QC) J8C 2B8

Hôpital régional de Saint-Jérôme: 1 866 963-2777

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