

### **Alert – COVID-19 cases at DEK-Hockey Tournament in Mirabel**

**Saint-Jérôme, July 17, 2020** – The Director of Public Health for the Laurentians wants anyone who participated, as player or spectator, in the DEK-Hockey Tournament held at the HBLL Sports Complex in Mirabel on July 11 to get tested for COVID-19. This applies particularly to anyone who was there between 10:00 AM and 5:30 PM.

We strongly recommend that such persons make an appointment to get tested at one of the designated clinics in the region by calling 1-877-644-4545 and mentioning they were at the tournament.

At least 5 of the people who were at the tournament have contracted COVID-19. Public health teams have already been contact-tracing for individuals who could be identified as close connexions of the infected persons. Several people have yet to be identified or contacted, in particular those who took shelter inside the Complex during rainy spells.

According to Dr. Jean-Luc Grenier, Medical Advisor on Infectious Diseases to the Director of Public Health for the Laurentians, “In all probability, these five new cases are only the tip of the iceberg. The pandemic is by no means behind us. If we want to lessen the impact of a possible second wave, then anyone who begins to show COVID-19-related symptoms or who may have been in contact with an infected person absolutely must get tested and self-isolate at home until they are given their test results.

The Director of Public Health wishes to stress how important it is for the public to cooperate with testing and contact-tracing for COVID-19 in order to reduce the spread of the virus.

#### **Reminder of public health directives**

- Wear a face-covering in public spaces. This measure will be compulsory as of July 18 in closed and partially covered public spaces.
- Maintain 2-metre physical distancing from others.
- Limit your contacts as much as possible (maximum 10 people from 3 households).
- Wash your hands frequently with soap and water for at least 20 seconds.
- Use an alcohol-based disinfectant when you do not have access to soap and water.
- Practice good hygiene when coughing or sneezing: cover your mouth and nose with your arm or a tissue, throw away the tissue as soon as possible and wash your hands afterward.
- Stay home if you experience COVID-19-related symptoms and get tested.

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450 432-2777, poste 22898  
Sans frais 1 800 363-2507, poste 22898