

### Visits cautiously resuming in most long-term care facilities (CHSLDs), hospitals and other healthcare establishments in the Laurentians

**Saint-Jérôme, June 26, 2020** – The CISSS des Laurentides is now authorizing visits in most of its installations, under certain conditions. Stringent safety measures are in force to protect residents, visitors and staff.

It is now possible to visit a loved one at a rehabilitation centre or hospital, or a resident of a long-term care facility (CHSLD), except for establishments and units experiencing an outbreak, which remain closed to visitors. We ask members of the public to confirm beforehand with the care unit involved that visiting is permitted.

Visitors must comply with instructions, including regarding visiting hours, protection protocols (filling out a health questionnaire, wearing a mask or face covering, washing hands) and restrictions on the number of visitors.

#### Visits to hospitals in the Laurentians

Visits are limited to one person at a time, for a maximum of 4 visitors per day. Visitors should be between 18 and 70 years of age. Please note that visitors must be free of any COVID-19-related symptoms and must not have been in contact with an infected person and/or awaiting a test result. Physical distancing must be practised in all cases. This is to protect the health and safety of our residents, staff and visitors.

For details regarding the specific conditions required for each sector and for other installations, please see the [Visitors](#) section in the [COVID-19](#) webpage on the [santelaurentides.gouv.qc.ca](http://santelaurentides.gouv.qc.ca) website. Given that the situation is evolving, we recommend that you regularly check for updates to the guidelines.

#### Caregivers

Since May 11, 2020, the CISSS des Laurentides has authorized visits by significant caregivers to loved ones in residential facilities in the Laurentian region. The restrictions listed above do not apply to these types of visits.

#### Saint-Jérôme hospital

Given its status as a designated COVID-19 center, the Saint-Jérôme regional hospital continues to accept COVID-19 patients in need of hospitalisation. For this reason, visits are prohibited, except to those in the maternity unit (centre mère-enfant) and to bloc R.

#### Confirm beforehand

The list of restrictions is posted on the CISSS des Laurentides website, in the section *Visitors*. We ask anyone planning a visit to confirm authorization with the care unit involved before going, given that the situation is evolving.

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Source : CISSS des Laurentides  
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